

JULY

### EP INDEPENDENCE DAY CELEBRATION

**Friday, July 3rd - Pierce Stadium** 201 Mercer St.

Rain Date: Sunday, July 5th **GATES OPEN AT 6PM**

Concert of donated performances by:

**Gina Wesley & Dream Catcher**

**Kicking Hole**

**Crushed Velvet**

**FOLLOWED BY FIREWORKS!**

**FREE TO THE PUBLIC! FOOD & BEVERAGE CONCESSIONS**



### EPRD 2015 SUMMER CONCERT SERIES

*Rose Larisa Memorial Park - Bullocks Pt. Avenue*

Concerts start at 6pm unless otherwise noted  
and are "weather permitting".

**June 18: Sophisticated Swing Big Band \*7pm**

**June 25: Rick Ashman** - soloist - oldies/  
contemporary

**July 2: The Cummins Brothers**  
w/Chris Adams - new age funk/pop

**July 9: Kicking Hole** - classic rock

**July 16: The Seth Burkhart 4** - smooth jazz

**July 23: Mixed Emotions** - soft rock

**July 30: Skeleton Krew** - classic rock

**August 6: Strictly Sentimental Swing Band \*7pm**

**August 13: DC Lagr & the Rhythm Deacons \*7pm** R&B



2015 SUMMER CONCERTS

### SIGN UP TO RECEIVE RECREATION NEWS

Please register your email address online at the new City web site:

[www.eastprovidenceri.net](http://www.eastprovidenceri.net)

Enter your email, click "Recreation News" and check "Join". This will enter your email into the system and you will receive an email notification every time the Parks Recreation Department uploads new information regarding recreation programs, trips, concerts and special events.



East Providence Recreation  
2015 Rec. Center Summer Program  
[www.eastprovidenceri.net](http://www.eastprovidenceri.net)

### *Main Office*

East Providence Senior Center

610 Waterman Avenue East Providence RI 02914-4505

Tel: 401- 435-7511 Fax: 401- 435-1999

*Office Hours: Monday - Friday 8AM - 4PM*

### *Department Staff*

Diane Sullivan *Recreation Director*

Rebecca Chace *Recreation Center Supervisor*

Joseph Medeiros *Pierce Field Manager*

Shontell Gomes *Administrative Assistant*

### *Recreation Center Office*

100 Bullocks Point Avenue East Providence RI 02915 Tel: 401- 433-6360

### RECREATION CENTER HOURS

*Children can not accompany adult members during their use of the center exercise facilities.*

Effective June 1 - September 20, 2015

**Mon - Thurs: Adults 9am - 7pm Ages 16 - 17 4pm-6pm**

**Friday: Adults 9am - 4pm Ages 16 - 17 2pm-4pm**

**Sat. & Sun: CLOSED**

The Center will be **CLOSED** on the following dates :  
**Fri . July 3rd Mon . August 10 Mon . September 7**

Participants must obtain Center membership

1 Year Membership Fees

Youth (ages 6-17) \$25

Senior (age over 55) \$25

Adult (age 18-54) \$50 / 6 Month \$25

**YOGA**

**Thursday 9 – 10:30am** Led by *Maureen Maloney*

Yoga is a great way to work on your flexibility and strength. Just about everyone can do it. It's not just for people who can touch their toes or want to meditate.

**\$3 p/class or pre- pay \$10 p/month**

**KAREN'S FIT MIX**

**Monday 6:30 – 7:30pm \$3 per class**

Held at the EP Senior Center, 610 Waterman Ave.

Karen Ramos Boyd leads this adult class that mixes cardio, weights, bands and more to help you get a balanced workout while allowing you to set your own pace.

**Session I: June 1 - 22 / Session II: August 3 - 31 \*No class Aug. 10**

**HATHA YOGA**

**Tuesday 6 – 7:30pm**

**\$12 per class when purchased on a monthly basis. \$14 walk-in**

Hatha Yoga instructed by Kathy Ashton, CYT200, & is for everyone regardless of age, ability or flexibility! The benefits of this gentle practice include reduced stress, increased flexibility, balance, focus, and the ability to quiet the mind.

**\*please bring your own non-slip mat.**

**BURN & BUILD**

**Mon. & Wed. 5:45 - 6:45pm June 1 - Aug.19 \$6 walk - in**

Tracy Provoyeur, CPT /SN leads you in a total body conditioning class combining low impact and strength building exercises into one "kick butt" workout!

Class level: Intermediate / advanced (moderations offered for most exercises).

**Pre pay \$100 for entire Session by June 4th and save \$38 !**

**FIT & FIRM**

**Wednesday 9:30-10:30am \$5 per class**

Tracy Provoyeur, CPT,SN Combines targeted exercises with bursts of cardio to boost your fitness & firmness! This offers modification as needed.

beginner level class

**ZUMBA**

**Tuesday 6-7pm** Led by *Shondra Printer* **June 2 –30** or **\$5 per class**

Easy to follow, Latin –inspired, calorie burning dance fitness!

2015 EPRD SUMMER DAY CAMP

STREETEATS & OLDIES

HERITAGE FESTIVAL



The EP Rec. Dept. along with the city school district and the YMCA will bring the "Hasbro Summer Learning Initiative" to the 2015 summer camp program for EP children age 6-12.

**Hours of operation: M-F, 8:30am - 3:30pm, July 6 - August 14, 2015.**

Camp runs rain or shine at the Pierce Field complex located at 201 Mercer St. E. Prov., RI 02914

*Transportation is not provided. Parents must drop off and pick up.*

Activities will include athletics, arts & crafts, enrichment classes, field trips, and special events

**CAMP FEE: \$55 per week /per child.**

Minimum payment for 1 week is due at registration. *\*Cash or check only.\**  
**Remaining payment for 6 week program due in full by June 19th . \$25 will be refunded to campers completing the full six weeks!**

**Registration:** Applications available online at [eastprovidenceri.net](http://eastprovidenceri.net), under Recreation dept. or by calling 435-7511 or 433-6360

**Registration deadline & full balance due: JUNE 19!**

**Street Eats & Oldies**



Every Thursday of the month, May 7– July 9

@ Pierce Field 201 Mercer St. 5pm –dusk (Weather Permitting)

FREE Admission, Raffles & Parking, Delicious Food Truck Fare, Classic Cars and Oldies Music! *Sponsored by EP Heritage Days, Inc.*

**35th ANNUAL HERITAGE FEST– JULY 17, 18 & 19, 2015**  
 Pierce Field & Stadium, 201 Mercer St. East Providence, R.I.

**Fri. July 17th Festival Hours 6-11pm**  
 7:00-11:00pm Jam 2015 Battle of the Bands

**Sat. July 18th Festival Hours 3-11pm**  
 5:45-7:45 - Complex Simplicity featuring Mike Rollins & Neil Letendre  
 8:00 - 11:00pm - Larry Chance & the Earls, The Mystics, Eddie Holman

**Sun. July 19th Festival Hours 3-10pm**  
 5:00pm - Power League Wrestling  
 5:45 - 7:45pm - The Becky Chace Band  
 8 - 10pm Moore & Moore, Nathan Osmond



**General Admission: Friday - \$5. 00 Saturday - \$10. 00 Sunday - \$5. 00**  
 Children 12 & Under FREE with Adult.  
 Tickets available in advance online through TicketWeb At EP Recreation Office, 610 Waterman Ave, and Del's Lemonade, 400 Waterman Ave.